

ND Educational Requirements-supervised (505)	
Anatomy & Physiology, Kinesiology	150 hours
Pathology	40 hours
First Aid and CPR	10 hours
Introductory massage-related courses including basic/allied modalities, contraindications, sanitation, disease prevention, massage theory	130 hours
Practical Application and Clinical Practice	175 hours
ND Educational Requirements-unsupervised (245)	
Business, Career Development, Professional Ethics	50 hours
Clinical Practice	75 hours
Other courses directly related to Massage Therapy	120 hours
TOTAL HOURS - 750	