

**ND Board of Massage Therapy
January 16, 2026
Meeting Minutes
NDBMT Office, 2900 E Broadway Ave., Ste. 2, Bismarck, ND**

The meeting was called to order by President, Shelle Hagen, at 9:30 AM. The Board met in person and by remote means.

Present

President – Shelle Hagen; Russel Kuzel; Chad Alfson; Krisit Hennager; Melanie Jackson.

Others: Nikki Owings, Board Office; William Woodworth, Legal Counsel; Elise Baine, FSMTB.

{Kuzel absent}

Minutes

It was **moved and seconded** to accept the minutes from December 23, 2025.

(Jackson/Alfson/carried) [Roll call: Alfson (y); Hennager (y); Jackson (y); Hagen (y)] [Kuzel absent]

{Kuzel present}

Treasurer's Report and Reimbursements

It was **moved and seconded** to approve the December 2025 treasurer's report and December 2025 reimbursements for Alfson, Kuzel, and Hagen.

(Hagen/Alfson/unanimous) [Roll call: Kuzel (y); Alfson (y); Hennager (y); Jackson (y); Hagen (y)]

Management Services Contract

Kuzel continues to review the contract.

Complaint #2025-01 and #2025-01 A. Trout

The Civil Litigation Unit of the ND Attorney General's Office continues to draft a formal complaint.

Disciplinary Action Update

Jingmei Xue - It was **moved and seconded** to revoke the license as it was determined she did not meet the terms of the settlement agreement.

(Hennager/Hagen/unanimous) [Roll call: Kuzel (y); Alfson (y); Hennager (y); Jackson (y); Hagen (y)]

Gavin Fitterer – He still needs to submit proof of 3 ethics continuing education hours by January 26, 2026.

National Practitioner Data Bank Report to Board

The Board reviewed the information and no action was taken.

Inspections

The 2026 inspection list will be created by Owings in March, after the even-numbered license renewals are complete.

Interstate Compact Discussion

Hagen is working on setting up a presentation from FSMTB regarding the compact.

License Certificates

Owings is awaiting estimates.

Ratification of Licenses

Kelsie-lee Lindahl #25217
Miranda Blair #25219
Claire Splonskowski #25221
Sarah Leclair #25223

It was **moved and seconded** to ratify the licenses. (Hagen/Alfson/unanimous)
[Roll call: Kuzel (y); Alfson (y); Hennager (y); Jackson (y); Hagen (y)]

Other

Remediation Ethics Course – It was **moved and seconded** to approve ten hours of board-compensated time for Hagen to create the course.
(Alfson/Hennager/unanimous) [Roll call: Kuzel (y); Alfson (y); Hennager (y); Jackson (y); Hagen (y)]

It was **moved and seconded** to set the fee for the course at \$80.00.
(Hagen/Alfson/unanimous) [Roll call: Kuzel (y); Alfson (y); Hennager (y); Jackson (y); Hagen (y)]

Code of Ethics – Baine will research what other states do for a code of ethics and report to the Board.

Next Meeting Date

February meeting is changed to February 20, 2026; 9:30 AM; virtual.

Adjournment

The meeting was adjourned at 11:02 AM.

Chair

Date

Vice Chair

Date